

Support livestock women to enhance household nutrition in poor countries

The diet choices of pregnant women, and the food mothers provide or don't provide to their infants in their first 1,000 days of life, generate lifelong health, growth and cognitive benefits or costs.

FACT

Because women tend to manage decisions about food consumption in their households, the nutritional well-being of entire households can be improved by women's ownership and management of livestock.

ACTION

Create and implement programs specifically to raise awareness among developing-country women of the high nutritional value of her family members, and particularly any infants, regularly consuming modest quantities of milk, meat and eggs.